

**RSVP Phone
Number is
208-773-9582**

Post Falls Senior Center January 2018 Menu

No eligible person shall be denied a meal because of failure or inability to contribute

MONDAY

WEDNESDAY

FRIDAY

	3 Chicken Strips, French Fries, Veggie, Salad, and dessert	5 BBQ Pork Rib Patty, Mashed Potatoes w/ Gravy, Veggies, Salad, and Dessert
8 Beef Fritter, Barley, Veggies, Salad, Dessert	10 Chicken Cordon Blu, Baby Bakers, Veggies, Salad, Dessert	12 Seafood Chowder, Brown Rice, Veggies, Salad, Dessert
15 Pork Fritter, Mashed Potatoes W/Gravy, Veggies, Salad, Dessert	17 Beef Lasagna, Garlic Bread, Veggies, Salad, Dessert	19 Chicken Nuggets, French Fries, Veggies, Salad, Dessert
22 Salisbury Steak, Mashed Potatoes, Veggies, Salad, Dessert	24 Baked Chicken, Baby Bakers, Veggies, Salad, Dessert	26 Baked Tilapia, Rice, Veggies, Salad, Dessert
29 Beef Marinara w/noodles, Garlic Bread, Veggies, salad, Dessert	31 Homestyle Pork, Mashed Potatoes, Veggies, Salad, Dessert	

Meals are served with coffee, tea, ice tea and water, your choice of juice. Also served with our new salad/ fruit bar, main meal and dessert for a suggested donation of \$4.00 if you are 60 or older and under 60 years old \$8.00. Please RSVP at 208-773-9582 by ten am each day.