

**RSVP Phone
Number is**

208-773-9582

Post Falls Senior Center July 2015 Menu

No eligible person shall be denied a meal because of failure or inability to contribute

Menu is Subject to Change due to Construction

MONDAY

WEDNESDAY

FRIDAY

	1	3
	BBQ Burgers and Hot Dogs, Potato Salad, Baked Beans and Green Salad- Ground Breaking Celebration~!	Closed for 4 th of July Holiday
6	8	10
Chicken Sandwich, Sweet Taters, Green Beans, Salad Bar and Dessert	Pork Loin, Mashed Potato, Carrots, Salad Bar and Dessert	Salmon, Rice, Veggie, Salad Bar and Dessert
13	15	17
Breakfast, Sausage, Eggs, Biscuits and Gravy, Fresh Fruit	Meatloaf, Mashed Potato Gravy, Veggie, Salad Bar and Birthday Cake	Teriyaki Chicken, Mini Bakers, Malibu Blend Veggies and Dessert
20	22	24
Sweet and Sour Meatballs, Rice, Veggie and Salad Bar and Dessert	Roast Beef Dinner, Mashed Potato, Peas and Carrots, Salad Bar and Dessert	Captains Platter, French Fries, Veggie, Salad Bar and Dessert
27	29	31
Swiss Steak, Mashed Potato, Zucchini, Salad Bar and Dessert	Chicken Legs and Thighs, Potato's, Veggie, Salad Bar and Dessert	Spaghetti, Garlic Bread, Veggie, Salad Bar and Dessert

Meals are served with coffee, tea, ice tea and water, your choice of juice. Also served with our new salad/ fruit bar, main meal and dessert for a suggested donation of \$4.00 if you are 60 or older and under 60 years old \$8.00. Please RSVP at 208-773-9582 by ten am each day. Call Ahead if you would like the Deli bar- which would take place of the main entrée.

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FRIDAY

3	Brats with Buns, Tater Tots, Veggies, Salad Bar and Dessert	5	Taco Salad, Fruit and Veggie Bar, Bread Sticks, Dessert	7	Fish and Chips, Coleslaw, Zucchini, Salad Bar and Dessert
10	Chicken Strips, Sweet Taters, Green Beans, Salad Bar and Dessert	12	Salisbury Steak, Au Gratin Potato, Veggie, Salad Bar and Dessert	14	Pork Chops, Applesauce, Veggie, Salad Bar and Dessert
17	Asian Chicken Salad, Fresh Fruit and Veggie Bar and Dessert	19	Lasagna, Garlic Bread, Veggie, Salad Bar and Birthday Cake	21	Salmon, Rice, Coleslaw and Dessert
24	Pork Fried Steak, Veggie and Salad Bar and Dessert	26	Meatloaf, Mashed Potato, Veggie, Salad Bar and Dessert	28	Baked Chicken, Baby Bakers, Veggie, Salad Bar and Dessert
31	Sloppy Joes, Sweet Potato Tots, Veggie, Salad Bar and Dessert				

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	2	4
	Burger DLX, Baked Beans, French Fries, Salad Bar and Dessert	Captains Platter, Clam Chowder, Fruit Salad and Dessert
7	9	11
Closed for Labor Day Holiday	Chicken Sandwich, French Fries, Veggies, Salad Bar and Dessert	Pork Loin, Baby Bakers, Corn, Salad Bar and Dessert
14	16	18
Roast Beef DLX Sandwich, Zucchini and Salad Bar and Dessert	Baked Potato and Salad Bar with Broccoli Cheese Soup and Dessert Bar	Fish and Chips, Coleslaw, Veggie, Salad Bar and Dessert
21	23	25
Baked Ziti, Veggie, Bread Sticks, Salad Bar and Dessert	Tuna Sandwich, Tomato Soup, Chips, Salad Bar and Dessert	Chicken Nuggets, Sweet Potato Tots, Corn, Salad Bar and Dessert
28	30	
Ham Dinner, Veggie, Salad Bar and Dessert	Pizza and Salad and Dessert Bar	

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